



Brain Aware

An Awareness & Education Programme

For Family Members Caring For and Supporting Someone with an Acquired Brain Injury (ABI)

Kilkenny May-June 2009

- ❖ Do you have a family member who has a brain injury?
- ❖ Would you like to develop your skills and knowledge of ABI to help you in your caring and rehabilitation role?
- ❖ Would you like to learn in an environment with other family members?

If so you will be interested in an Awareness & Education programme being run by Acquired Brain Injury Ireland in Kilkenny in May/June

Provisional Dates (all Wednesdays): 20th & 27th May, 3rd, 10th, 17th and 24th June

9.30-1pm each day

Topics

- ❖ Introduction to Acquired Brain Injury
- ❖ ABI & the Family - How Families Cope with Acquired Brain Injury
- ❖ Meaningful Every Day Routines and Achieving a Meaningful Life
- ❖ Health Promotion and Wellbeing of Carers
- ❖ Emotional and Behavioural Changes Following Brain Injury
- ❖ Communication and the Challenges after Brain Injury
- ❖ Attention and memory difficulties following brain injury
- ❖ Children with an Acquired Brain Injury

Come along to a Briefing Session being

held on **29th April**

in the **IWA premises Claddagh Court, College Road, Kilkenny 10.00-12.00pm**

Join us for a chat and find out more about the Awareness & Education programme before deciding to attend.



If you wish to attend contact:

Katie Cunningham, Acquired Brain Injury Ireland, Town Hall, Main Street, Cashel, Co. Tipperary

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