

Sligo Locals join forces to support concussion awareness

Sligo rugby player and Connacht Community Rugby Officer, **Gavin Foley**, was on hand to show his support to Acquired Brain Injury Ireland's Concussion Awareness campaign.

Sligo Picture framing and Art Gallery owner **Kevin Woods** was also present to hand over a framed Irish rugby jersey, autographed by the RBS Six Nations 2011 Irish rugby team. Mr Woods donated his time to frame the jersey free of charge in the hope of raising much needed funds for the organisation, through a national fundraising event later this summer.



From left: Gavin Foley, Kevin Woods, Karen O'Boyle

ABI Ireland launched their Mind Your Head in Sport campaign last October, whereby they began reaching out to players, coaches and parents, asking them to ensure protective headgear was being worn whilst playing sport.

The campaign stresses the importance to both players and coaches to educate themselves on the issue of Concussion; making note of the relevant signs and symptoms.

Following the recent retirement of Leinster and Ireland rugby players John Fogarty and Bernard Jackman, the issue of concussion became a topical subject of conversation amongst the media. Realisation of lack of awareness and education amongst players and coaches alike, in relation to the issue of concussion became both evident and questionable.

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