



Dublin Duo to embark on Trek Iceland Challenge 2009

20th April 2009: Two Dublin people are preparing themselves to embark on the 'Trek Iceland Challenge 2009', a 53 kilometre trek in mysterious Iceland.

Lynn Geuvens from Carrickmines and Lonán Tierney from Shankill will take part in this challenging venture from 4th-9th August 2009 to raise funds for Acquired Brain Injury Ireland. They will trek for four days across lava and snow fields, mountains, glaciers and small rivers before finishing in Europe's most northerly capital, Reykjavik.

Lynn and Lonán are both Rehabilitation Assistants with Acquired Brain Injury Ireland which provides a broad range of support and services to people with acquired brain injury around Ireland.

Barbara O'Connell, CEO of Acquired Brain Injury Ireland said, "I would like to thank Lynn and Lonán for their efforts in taking part in the Trek Iceland Challenge. Approximately 10,000 people in Ireland are affected by acquired brain injury each year. Acquired Brain Injury Ireland's services provide valuable Community Rehabilitation Outreach services in Dublin and in several locations around the country. I wish them every success on their trip to Iceland."

Lynn and Lonán will be organising more fundraising events over the next few months. If you would like to make a donation, please visit www.mycharity.ie/event/icelandtrek

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About Acquired Brain Injury Ireland

Established in 2000, Acquired Brain Injury Ireland (formerly the Peter Bradley Foundation) was set up to provide a range of pioneering, flexible and tailor-made services to people with Acquired Brain Injury (ABI). The services provided by the organisation place a critical emphasis on client-centeredness, quality, effectiveness and value for money. Rehabilitation and clinical support are key aspects to the service.

Approximately 10,000 people suffer from a head injury in Ireland each year and face a dramatically altered life thereafter. People with ABI progress at different rates, and may need to access services at different points in time as their needs change. Within each stage of rehabilitation a range of different service providers is involved, which must be coordinated. Once back in the community the emphasis is on more extended activities of daily living, integration, and return to work or education. Interventions focus on enhanced participation, improved quality of life, psychological adjustment and carer stress. Acquired Brain Injury Ireland is filling a vital service gap, in collaboration with statutory bodies.