

# Bake



## for Brain Injury

**Organise a cake sale  
in aid of Acquired Brain Injury Ireland**

For details of how to get involved and receive your  
Bake for Brain Injury poster and info - please e-mail  
[fundraising@abiireland.ie](mailto:fundraising@abiireland.ie) or call 087 2659250



## Don't want to Bake?

Why not choose our calorie free option  
and buy a virtual bun online at  
[www.mycharity.ie/events/bake](http://www.mycharity.ie/events/bake)

Just remember there are lots of other great ways  
that you can help!

ABI Ireland Cycle Cashel to Wexford  
Good Friday Night Run Killarney  
Rosslare 10k  
Flora Women's mini marathon  
Achill half marathon  
Midlands half marathon  
Longford marathon  
Dingle walk/half/full marathon  
Dublin City marathon

March 26<sup>th</sup>  
April 22<sup>nd</sup>  
April 25<sup>th</sup>  
June 6<sup>th</sup>  
July 2<sup>nd</sup>  
August 1<sup>st</sup>  
August 28<sup>th</sup>  
September 3<sup>rd</sup>  
October 31<sup>st</sup>

### Alternatively, organise your own event!

Skydive with Skydive4charity - [skydive4charity.ie](http://skydive4charity.ie); Hold a Table quiz, raffle, golf classic or bag pack

### The possibilities are endless!

If you are organising an event, please contact the National Office or your local Regional Administrator. We will provide Fundraising Approval documentation and sponsorship cards, Tee Shirts and supporting literature as required.