

Brain Aware

A Training Programme for Family Members Caring for and Supporting someone with an Acquired Brain Injury (ABI) 2009-2011

- ❖ Do you have a family member who has a brain injury?
- ❖ Would you like to develop your skills and knowledge of ABI to help you in your caring role?
- ❖ Would you like to learn in an environment with other family members?

If so you will be interested in a series of training programmes being run by Acquired Brain Injury Ireland during 2009-2011

[see schedule of dates for 2010]

Overall Programme Aim is to develop the carer's skills and knowledge of ABI and enable them to respond more appropriately to their family member's needs

Training programmes will be run at various locations throughout Ireland during 2009-2011

The training programme will consist of 6 sessions spread out over a number of weeks

Acquired Brain Injury Ireland staff, along with external trainers who are specialists in their field, will facilitate the 6 sessions

Like to find out more?

In advance of a training programme starting, we will be holding Briefing Sessions in locations around the country.

You will have an opportunity to join us for a chat and find out more about the training programme before deciding to attend.

If you wish to come along to a briefing session or if you would like further information please contact:

Una Kinane
Acquired Brain Injury Ireland,
43 Northumberland Avenue
Dun Laoghaire
Tel: 01 2804164 Ext. 207

Email: ukinane@abiireland.ie

Topics

- **Introduction to Acquired Brain Injury**
- **ABI & the Family – How families Cope with Acquired Brain Injury**
- **Meaningful Everyday Routines and Achieving a Meaningful Life**
- **Health Promotion and Wellbeing of Carers**
- **Emotional & Behavioural Changes following Brain Injury**
- **Communication and the Challenges after Brain Injury**
- **Attention and Memory Difficulties following Brain Injury**
- **Children with an Acquired Brain Injury**

We will provide a safe and supportive environment for people to discuss issues that are important to them and get advice and support from professionals working in the area of brain injury

The Training Programme will give family members an opportunity to meet with other families, share their stories and experiences and learn from each other

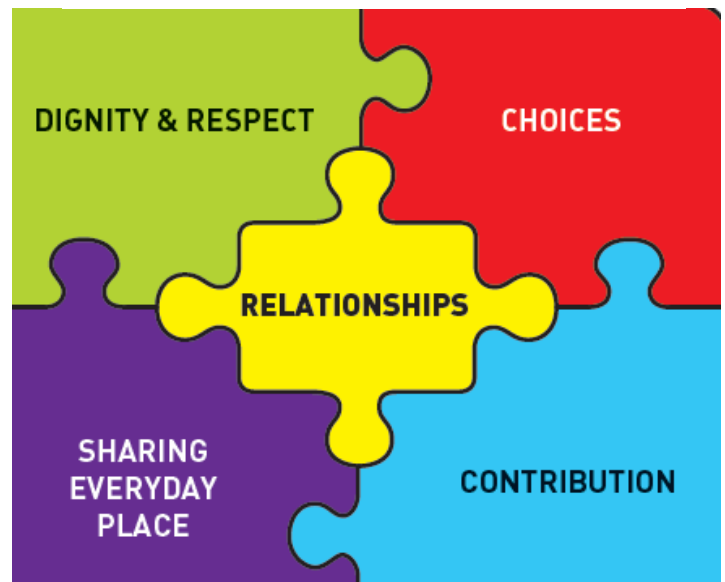
There will be a maximum of 15 people per group which will allow good discussion and interactive learning to take place. We hope that the informal meeting of people sharing similar experiences will provide a support to family members

Acquired Brain Injury Ireland has developed specialised ABI services throughout Ireland.

These include the following :-

- Assisted Living (residential)
- Community Rehabilitation Services
- Side-by-Side Day Service
- Rehabilitation Support Team
- Case Management
- Clinical Support
- External Awareness & Education Programmes

Acquired Brain Injury Ireland Values



ciste na
gcuntas díomhaoin
the dormant
accounts fund

This training is funded by the Dormant Accounts Fund Programme 2008 provided by the Department of Social and Family Affairs and the programme is managed by POBAL

 **pobal**
supporting communities