



Step Ahead Vocational Rehabilitation (VR) Readiness Questionnaire

This questionnaire is a support tool for clinicians to discuss readiness for VR with clients.

**Are you experiencing cognitive symptoms (i.e., concentration or memory difficulties)?
If yes: Have you completed or are you in the process of completing a cognitive rehabilitation program?**

If the person is experiencing significant cognitive symptoms, consider their options for learning foundational cognitive strategies before commencing Step Ahead Vocational Rehabilitation.

At Step Ahead we will teach cognitive strategies related to the work and education place.

Do you feel ready to start searching for education or work from emotional perspective?

Many survivors require support with adjusting to the emotional impact of their injury prior to returning to work/education.

Consider if a psychology referral is also required.

At Step Ahead, we have found that clients often need to pause their VR sessions to focus on their psychological intervention or have psychology sessions alongside their Step Ahead VR.



This project was approved by Government with support from the Dormant Accounts Fund’.

Do you have the time to commit to Vocational Rehabilitation?

An effective vocational rehabilitation program requires the person to commit approximately two-three hours per week to work on their vocational goals out with their VR sessions.

Many clients hope that Step Ahead will find a job or course for them, but our approach is to guide and coach people on how to do this for themselves.

Depending on where they are in their recovery journey, it may be better to wait until the person can commit to the program without feeling under too much pressure.

Are you able to meet over video call to complete your Vocational Rehabilitation?

Our service is a virtual service, we meet people over platforms such as zoom or whatapp video call. If the person needs help with setting up these platforms, we can support with this.

Each individual case is unique and if you have any questions do not hesitate to contact me on eduffy@abiireland.ie or 0866047353

If the client is not ready for VR but you would like to make a referral to Step Ahead before the client is discharged from your service, we can accommodate this. Please indicate this on the referral form.

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