



ACQUIRED  
BRAIN INJURY  
IRELAND

# STEP AHEAD PLUS

Service for People with  
Acquired Brain Injury



**Step Ahead Plus** is a free vocational assessment and rehabilitation service supporting individuals throughout Ireland.

It is for adults aged 16+ with an acquired brain injury who want to return to work, training or education.



Rialtas na hÉireann  
Government of Ireland



Arna chomhchistiú ag  
an Aontas Eorpach  
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[www.abiireland.ie](http://www.abiireland.ie)

# A brain injury can affect your ability to work or study.

Step Ahead Plus provides support and information to help you return to or remain in work, education or training.

## New Track online group information sessions

These groups are for people who are looking for **new** employment or education opportunities.

We run these using Teams videocall software.

The online sessions are designed to share information and resources that you can use to explore options and supports to start your journey of finding a course or job. They are not peer support sessions.

You have the option of meeting with one of the team for a 15minute individual videocall or phone call.

This can help guide you as to which resources may best help you in your return to work or education journey.

### The topics we cover in sessions include:

- Career Exploration
- Disclosure & Reasonable Accommodations
- Work Preparation, Volunteering & 4Ps of symptom management.
- CV & Cover Letter Preparation
- Job Searching & Recruitment
- Interview Skills
- Course Searching & Applications
- Social Welfare & Supports

**Register for our next group round by visiting our website.**



**Find out more:**

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