Acquired Brain Injury Ireland





Impact Report 2025

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Registered Charity No: 20046200

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ACQUIRED
BRAIN INJURY






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NEUROLOGICAL ALLIANCE
of IRELAND
Working Together To Promote
Better Neurological Care

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Message from our Chief Executive



I am pleased to introduce my second impact report as Chief Executive of Acquired Brain Injury Ireland. This report reflects the first full year of our new strategic plan, Beyond Boundaries, and the commitment of our dedicated team as we continue to support people living with acquired brain injury and their families.

In 2025, Acquired Brain Injury Ireland continued to be ambitious in both what we achieved and what we set out to do for the future. Over the past year, we expanded and strengthened our services, advanced our research, and helped raise national awareness of brain injury. Throughout this work, our restated values of dignity and respect, choices, collaboration, connection and contribution have remained at the centre of what we do.

Our strategic plan, Beyond Boundaries, sets out a lifespan approach to rehabilitation, where people can access support based on need, not on their age or where they live. Alongside our continued focus on research and advocacy, we are also placing greater emphasis on brain health. The plan also recognises that sectoral sustainability and sustainable funding are essential if we are to do more to meet the needs of the brain injury community in the years ahead.

I am hopeful about the future and excited to lead the organisation through this important period of growth and development. I am grateful for the confidence the Board has placed in me, and for the dedication of my colleagues across the organisation. Most of all, I continue to be inspired by the people rebuilding their lives after brain injury, whose resilience and determination remind us every day why this work matters.

Dr Karen Foley
Chief Executive

Chairperson's Statement



It has been a privilege to serve as Chair of Acquired Brain Injury Ireland during 2025, a year of important transition and progress for the organisation. We have welcomed changes in Board and executive leadership, while also marking the first full year of our new five-year strategy, Beyond Boundaries.

This year has also been the first full year under the leadership of our CEO, Dr Karen Foley. The Board has greatly valued Karen's leadership, particularly her focus on strategic delivery, organisational development, and strengthening ABI Ireland's voice in national policy and service reform.

Together, the Board, CEO and leadership team have focused on strengthening the organisation's direction and capacity, while advancing our ambition to improve access to neuro-rehabilitation and create clearer, more consistent pathways of support for people with brain injury. When people can access the right support at the right time, outcomes improve, pressure on families is reduced, and there is a wider benefit for the health and social care system.

I want to take this opportunity to thank all colleagues across Acquired Brain Injury Ireland, as well as my fellow Board members, for their commitment, time and expertise throughout the year.

I would also like to thank my predecessor as Chair, Hugh O'Connor, who served the organisation with great commitment and distinction in 2024.

I am proud of the progress made in the first year of our strategy, including strengthening leadership, reinforcing our strategic direction, and advancing our advocacy for more equitable access to neuro-rehabilitation.

I look forward to building on this progress in 2026 and beyond, with continued focus, ambition and commitment to improving the lives of people with brain injury.

Jim Mahon
Chair



Who we are

A brain injury is sudden, devastating, and life-changing for the person and their family. It can happen to anyone, at any time. It affects 19,000 people every single year, turning their lives upside down.

At Acquired Brain Injury Ireland (ABI Ireland), we help brain injury survivors to rebuild their lives by providing person-centred neuro-rehabilitation in the community. What started as a single assisted living house in Dublin in 2000 is now a national organisation supporting 1,300 people across Ireland annually to live as independently as possible.

Our services include residential, transitional, home and community rehabilitation, case management, family supports, vocational rehabilitation and assistive technology support, as well as clinical support from psychologists, occupational therapists, and social workers.

Our vision

That everyone impacted by brain injury receives world-class rehabilitation and the support they need to rebuild their lives.

Our mission

To passionately serve and empower people impacted by brain injury through personalised rehabilitation and relentless advocacy.

Our Values

Dignity and Respect

We treat each other with the utmost dignity in all our interactions.

Choices

We promote choice for all members of our team and for those we support.

Collaboration

We welcome collaboration to enhance our impact and ensure inclusion in the community.

Connection

We engage meaningfully in all our interactions, promoting person-centredness, authenticity, compassion and integrity.

Contribution

We encourage everyone to play their part, no matter how small, within their capabilities.





What we do

Who we serve

In Ireland, there are 19,000 brain injuries every year. 10,000 people are hospitalised with traumatic brain injuries, and 7,500 individuals are impacted by stroke. We also know 120,000 people in Ireland are living with a disability after brain injury.

Causes of brain injury:



Stroke (47%)



Road traffic collision (9%)



Falls (12%)



Tumour (9%)

At ABI Ireland, through our community-based, person-centred rehabilitation services, we help as many survivors as we can to return to leading independent lives.

We provide information, training and practical help to brain injury survivors, their family members, carers and healthcare professionals.

We also raise the voice of people impacted by brain injury so that their rehabilitation needs may be clearly heard, understood and answered by decision makers.



Person-centred rehabilitation

At the heart of our neuro-rehabilitation services is a commitment to person-centredness. Brain injuries affect people in different ways because every brain is unique. At ABI Ireland, we look at the whole person.

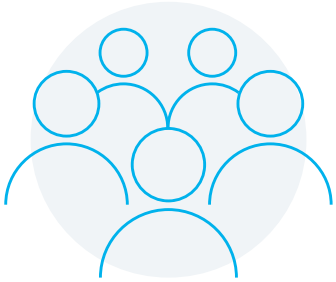
For each person, we develop an Individual Rehabilitation Plan (IRP). This plan is developed with the person, their family and our interdisciplinary team and focuses on achieving specific goals related to the individual's needs.

ABI Ireland services are overseen by an interdisciplinary team of clinicians with acquired brain injury expertise, including neuropsychology, occupational therapy and social work.

Our clinical neuro-rehabilitation teams:



2025: Our Impact in Numbers



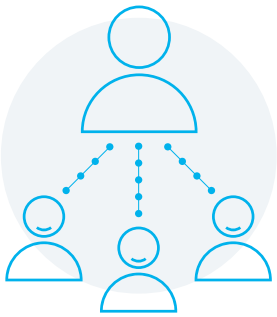
1,300

Persons served



520

Brain injury survivors supported through our home and community services



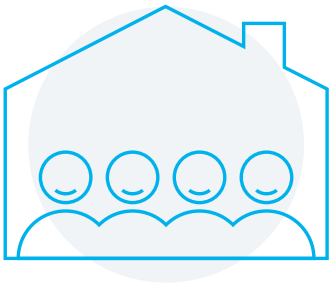
385

Persons served supported by case managers



316

Individuals with brain injury participated in group rehabilitation in our clubhouses



75

Brain injury survivors supported by our assisted living services



46

Brain injury survivors supported by our Digital Assistive Technology programme, creATe



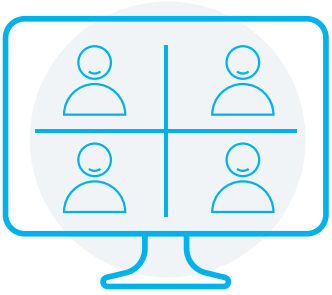
1,129

Interactions between our On With Life programmes and carers and family members of a person with acquired brain injury



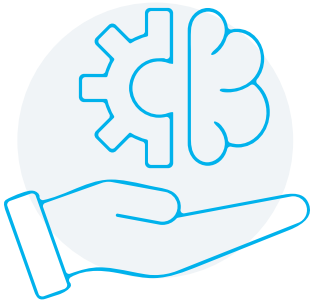
36

In-person facilitated support group sessions for carers of adults with a brain injury.



60

Online support groups for families/carers of adults with acquired brain injury, and for parents/carers of children under the age of 18



18

Educational sessions for family members, parents and carers of those living with an acquired brain injury



7

Children with an acquired brain injury supported through our home and community services



33

People returned to, or were supported in, existing or new employment with our Step Ahead Plus programme

Rebuilding lives

Through our services, we support brain injury survivors to achieve their goals and get their lives back on track. Their stories and experiences shape our organisation and inspire us to provide the highest quality person-centred rehabilitation we can offer.







Oisín's Story

Conor Peat's brother, Oisín, was only 28 years old when his life changed forever. Sadly, Oisín passed away in 2025, and Conor has offered to share his story and the impact of his brain injury. Oisín is dearly missed by all our team and residents at Mobhi Road, where he lived after his brain injury.

In 2021, Oisín's life changed forever when he suffered a brain haemorrhage caused by a longstanding undiagnosed brain condition known as an Arteriovenous Malformation (AVM).

Oisín was rushed to Tallaght University Hospital and later transferred to Beaumont Hospital, where Conor said he received life-saving care to stabilise his condition.

"At one stage, Oisín's chances of survival were estimated to be between just 10% and 20%."

Oisín spent four months at the National Rehabilitation Hospital working incredibly hard on his rehabilitation. His brain injury primarily impacted his short-term memory and some of his more subtle cognitive abilities, but his determination and positivity throughout his recovery were remarkable.

"When Oisín was discharged in September 2021, we were delighted to have him home, although there was still uncertainty around what ongoing support would look like.

Not long afterwards, his family was hugely relieved to discover Oisín had secured a place at our assisted living home at Mobhi Road. The location was ideal as it was close to their family home. Oisín moved into Mobhi Road in January 2022, shortly after becoming a father to his daughter, Eve.

"He spent over three incredibly happy years there, supported by an outstanding clinical and rehabilitation team."

Oisín's family found it reassuring to know that Oisín was being supported to live as independently as possible, with a strong focus on his goals of returning to work and continuing to be the best dad he could be to Eve.

"One of the most special things about Mobhi Road was how much it became home for Oisín. The staff created a warm, supportive environment where residents felt part of a community rather than simply receiving care. "

Oisín built strong relationships with both residents and staff and truly embraced being part of what he described as his "Mobhí Road crew".

Sadly, in June 2025, while completing community mobility work with one of his favourite rehabilitation assistants, Oisín collapsed and was rushed to hospital. Unfortunately, this time the brain haemorrhage was significantly larger, and despite the best efforts of the medical teams, Oisín passed away on 29 June 2025.

Honouring Oisín

Oisín's passing had a profound impact on his family. As his only brother living abroad, Conor found it particularly difficult to process his loss while also trying to continue with everyday life.

He wanted to find a way to turn something incredibly painful into something positive. Conor decided to run the 2025 Clontarf Half Marathon to raise funds for Acquired Brain Injury Ireland (ABI Ireland).

This felt like a fitting way to honour Oisín. Supporting others was a huge part of who he was, and Conor knew he would have been immensely proud to help raise awareness of the work ABI Ireland does.

"Through our experience supporting Oisín, I also became much more aware of the challenges faced by people living with brain injuries and their families.

Before this happened, I knew very little about acquired brain injury, but we quickly learned how life-changing these injuries can be and how important specialist rehabilitation and support services are."

Conor and his family were completely overwhelmed by the response. Oisín's story resonated with so many people, not only because of the tragedy of losing him but also because of the profound impact ABI Ireland had on his life.

Conor completed the race alongside one of Oisín's closest friends.

"Sharing that experience with someone who loved and cared for him as much as I did made it even more meaningful. We supported each other throughout the challenge and were honoured to complete it in his memory."

Together, they raised over €10,000 for Acquired Brain Injury Ireland, a reflection of the love people had for Oisín and the appreciation for the vital work ABI Ireland continues to do.

"We are really grateful to ABI Ireland and the Mobhí Road team for supporting Oisín in his final years to be the happiest and most independent he could be."




LET'S GO
CONOR
CONOR
=
AWESOME



Highlights 2025

We take great pride in our achievements throughout 2025 and are delighted to showcase a few key highlights.

Launch of 'Beyond Boundaries: Acquired Brain Injury Ireland Strategy 2025 - 2029'

We were honoured to welcome the Minister for Children, Disability and Equality, Norma Foley TD, to our Resource Centre in Castleisland, Co. Kerry in May to launch our new five-year strategy, Beyond Boundaries.

Beyond Boundaries has three strategic priorities:

Access: Provide equity of access to community rehabilitation services and supports for all those impacted by brain injury across their lifespan.

Impact: Drive change using evidence from our programmes and by elevating the voices of the brain injury community through policy advocacy, research, and education.

Organisational Strength: Foster an inclusive team culture that supports personal and professional growth. Strengthen the systems, governance and sustainability of the organisation to ensure the best possible outcomes for those we support.

The strategy is designed to meet the growing needs of the brain injury community in Ireland. By 2029, ABI Ireland aims to expand and ensure equitable access to community-based neuro-rehabilitation, regardless of age or location. The organisation will have influenced policy through strategic partnerships, evidence-based research, policy and practice, and by raising awareness of brain health. It will have strengthened its long-term sustainability through innovation and adaptability.

At the launch, Minister Foley commended ABI Ireland on the publication of its strategy and reaffirmed the Government's commitment to improve the rehabilitation pathway for survivors of brain injury. Our CEO, Dr Karen Foley, spoke about the importance of collaboration with the Government and HSE to achieve our strategic goals. We also heard about the life-changing impact of a brain injury from survivor, Damien O'Carroll.

You can download our strategy at abiireland.ie or hear directly from our CEO, Dr Karen Foley, about our strategic priorities here.



New ABI Ireland neuro-rehabilitation services

We were delighted to share news of the development of new home and community neuro-rehabilitation services for brain injury survivors living in Galway, Mayo and Roscommon. This is a significant step towards reducing gaps for people impacted by brain injury in the region.

Collaborating with the National Disability Services Association

ABI Ireland joined the National Disability Services Association (NDSA) as a new member in January, and in November, we were delighted to announce our CEO, Dr Karen Foley, as the new Chair of the NDSA. This partnership strengthens our ability to advocate for the rights and needs of those impacted by brain injury while collaborating with other like-minded organisations to enhance disability services nationwide.

All-island collaboration

In March, ABI Ireland collaborated with survivors of brain injury and the team at Brain Injury Matters NI on an exciting new art installation as part of Creative Brain Week 2025.





New book for families affected by acquired brain injury

We were delighted to mark National Carers Week in June by launching a new digital resource authored by family carers. ‘Piecing it Together: acquired brain injury, a family perspective’ is a heartfelt, practical and inspiring guide created by family members caring for loved ones living with an acquired brain injury.

Legacy gift



In April, the late Eoghan O'Doherty's parents, Olivia and James, made a life-changing legacy gift on their son's behalf. Eoghan, who acquired a brain injury in October 2003, chose to will his fully accessible home in Mullingar to ABI Ireland after his passing; a remarkable act of generosity that will transform the lives of many others affected by acquired brain injury into the future. Read more here.

Service visits from Ministers

In May, we welcomed the Minister of State for Disability, Hildegarde Naughton TD, to our Midlands service and assisted living residence Teach Failte in Mountbolus, Co. Offaly to speak with our team and residents.

In July, the Minister for Health, Jennifer Carroll MacNeill TD, visited our services in Glenageary and Dun Laoghaire and heard empowering stories from our persons served.

World Congress on Brain Injury

In March, our CEO, Dr Karen Foley, presented at the 15th World Congress on Brain Injury in Montreal, Canada, sharing our work as part of a symposium. She presented alongside international collaborators from France and Australia, showcasing how person-centred leadership can support the achievement of world-class rehabilitation.

Housing conference

Our partner organisation, Anvers Housing, was delighted to present at the International Social Housing Festival in June. Anvers Board Director, Rodd Bond, presented at the symposium titled ‘Building Blocks for Inclusive Communities: Housing, Health and Rights’. Brain injury survivor and Anvers Board Director, Brian Hogan, also participated in the symposium, sharing his lived experience and the value of housing with support.

Our Services

Our expert teams support people and their families recovering from the impacts of brain injury by offering services and tools that help them rehabilitate, adapt and live their fullest lives with confidence.





Assisted Living

For some brain injury survivors, returning home after a stay in hospital is not an option straight away. Our assisted living services offer those survivors a home from home, where they can benefit from long-term tailored brain injury rehabilitation, integrate within their community and maximise their independence. Four or five residents are typically supported in our assisted living houses. In this setting, they can work on their rehabilitation goals in a safe environment with 24/7 support.

Home and Community Rehabilitation

Our home and community services deliver one-to-one brain injury rehabilitation to support individuals to achieve their goals at home, and to encourage integration back to community and family life. Often people have experienced some rehabilitation in hospital, but further skills may need to be re-learned at home after discharge. This might include support to build and maintain a daily routine, or manage household activities such as cooking, laundry and personal finance. Our home and community rehabilitation services ensure those individuals continue to make progress on their recovery and maximise their potential after brain injury.

Case Management

When a brain injury happens, survivors and their families often feel overwhelmed and don't know where to turn. The role of our specialist case managers is designed for these times of distress. Our Case Managers are highly skilled professionals, trained to guide and support brain injury survivors and their families on their rehabilitation and recovery journey.

They are an important link between the person and the services they receive, and offer knowledge, education and expertise to family members as they navigate the pathway from hospital to home. Crucially, our Case Managers help those impacted by brain injury to avoid long and unnecessary stays in hospital, or inappropriate placement in nursing homes. Their goal is to ensure that survivors can live their lives as independently and confidently as possible.

Clubhouses and Group Rehabilitation

Our clubhouses provide vital peer support to enhance independence and encourage learning of new skills. Attendees benefit from group and cognitive rehabilitation in a supportive and welcoming environment. These group rehabilitation services create a safe space for survivors of brain injury to socialise, develop new relationships and explore new interests that build on their strengths and capabilities. Our clubhouses are particularly important to support individuals working on goals such as building self-esteem, independence, community involvement and personal growth. They are first and foremost a community, run by and for members with the support of expert staff.

Transitional Rehabilitation

Our transitional living service bridges the gap for brain injury survivors as they prepare to return to independent living at home. The service provides intensive rehabilitation and support in an assisted living setting Monday to Friday, for a period from six weeks up to six months, depending on a person's needs. Currently we operate one transitional living unit in Sligo. We continue to seek funding to grow this much needed service.

Family Support Services

At ABI Ireland, we understand that a brain injury doesn't just happen to the individual – it happens to the whole family. Delivering support to families is integral to the work we do. Our case managers and social workers play a key role in supporting families to navigate the services and resources that may be available to them.

Our free, national support programme, On With Life for Families and Carers, provides training, practical advice, listening and peer-to-peer support through online and in-person groups. There are three strands in the programme:

- Support for families and carers of adults with an acquired brain injury;
- Support for parents and carers of young people under 18 with an acquired brain injury; and
- Support for family members and carers preparing to return to work, training or education.

Return to Work and Education

Step Ahead Plus is our free, national vocational assessment and rehabilitation service for adults (16+) with an acquired brain injury. Led by skilled occupational therapists and vocational facilitators, the service works with each survivor of brain injury to identify their abilities, strengths, and challenges. It also sets out a personalised plan with recommendations and supportive strategies for persons served on their route back to work, training or education.

creATe: digital assistive technology

For some brain injury survivors, technology and digital tools can play a useful role in overcoming challenges and increasing independence. Our creATe programme provides free assessments to those served by ABI Ireland to access digital assistive technology such as screen readers, communication apps, and voice activated digital assistants, as part of their rehabilitation. The programme helps our team enhance their skills in digital assistive technologies and provides access to a Digital Assistive Technology Loan Library.








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VES THAT
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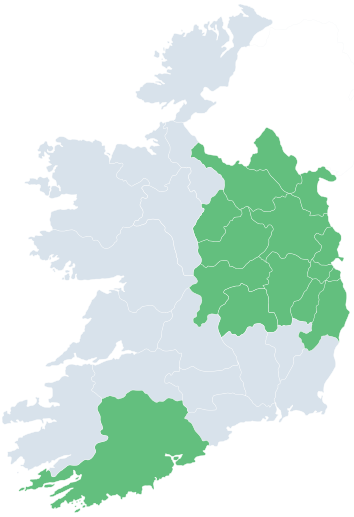
Rehabilitation services

provided by Acquired Brain Injury Ireland



Case Management

Number of persons served: **385**

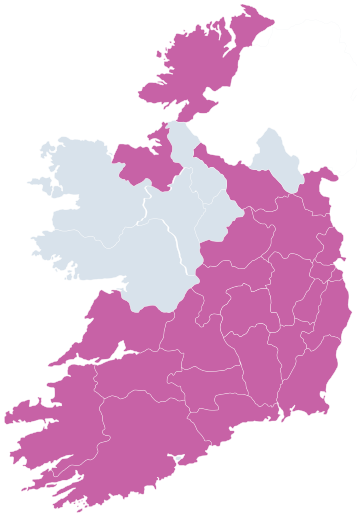


- Cavan
- Cork
- Dublin
- Kildare
- Laois
- Longford
- Louth
- Meath
- Monaghan
- Offaly
- Westmeath
- Wicklow



Home and Community Rehabilitation

Number of persons served: **520**

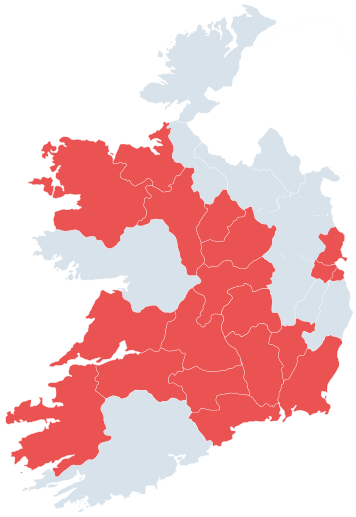


- Carlow
- Cavan
- Clare
- Cork
- Donegal
- Dublin
- Kerry
- Kildare
- Kilkenny
- Laois
- Limerick
- Louth
- Meath
- Offaly
- Sligo
- Tipperary
- Waterford
- Westmeath
- Wexford
- Wicklow



Clubhouses

Number of persons served: **316**

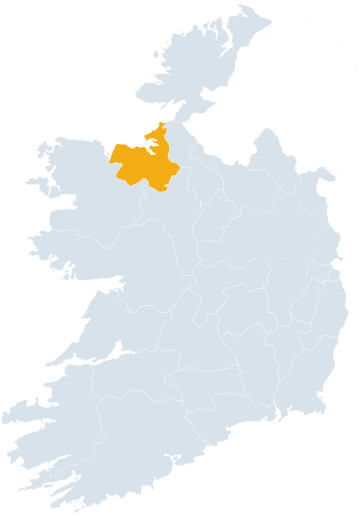


- Carlow
- Clare
- Dublin
- Kerry
- Kilkenny
- Laois
- Limerick
- Longford
- Mayo
- Offaly
- Roscommon
- Sligo
- Tipperary
- Waterford
- Westmeath
- Wexford



Transitional Living Services

Number of persons served: **4**

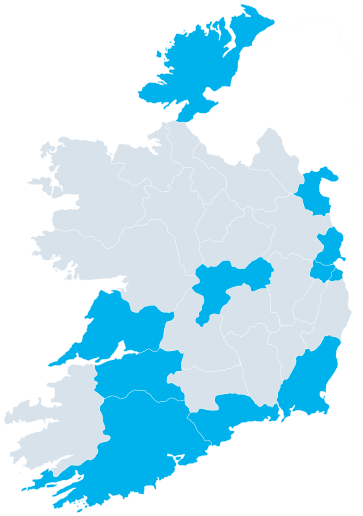


- Sligo



Assisted Living

Number of persons served: **75**

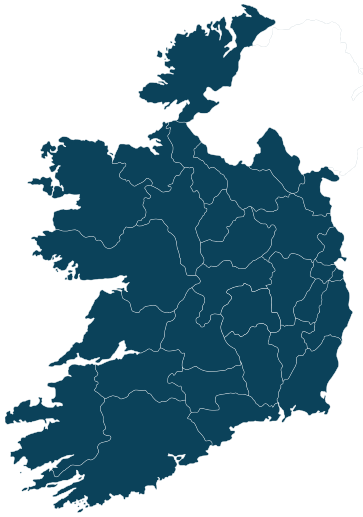


- Clare
- Cork
- Donegal
- Dublin
- Limerick
- Louth
- Offaly
- Waterford
- Wexford



Family Services

Nationwide



- Case management
- Parenting skills training
- Family and carer training
- Peer support groups
- Nationwide

Our Commitment to Quality

Acquired Brain Injury Ireland (ABI Ireland) is committed to providing services at an internationally recognised standard. We deliver on this goal through regular Commission on Accreditation of Rehabilitation Facilities (CARF) accreditation. This is a prestigious and internationally recognised quality mark, signalling that the services we provide meet or exceed international best practice. Our organisation has been successfully accredited every three years since 2003 across:

- **Home and Community Services (Adults)**
- **Home and Community Services (Children)**
- **Residential Rehabilitation Programmes (Adults)**
- **Governance Standards**
- **Case Management**

In February 2025, ABI Ireland was awarded the highest level of CARF accreditation for a further three years (2024-2027). For the first time, the Vocational Assessment and Rehabilitation Programme, Step Ahead Plus, applied for accreditation and successfully received three-year accreditation.

Health Information and Quality Authority (HIQA)

All our assisted living services are fully registered with HIQA and monitored under the Health Act 2007 (Care and Support of Residents in Designated Centres for Persons (Children and Adults) with Disabilities) Regulations 2013.

CARF

Three yearly international accreditation survey

HIQA

Regulatory body for all assisted living services

Triple Lock

Charities Institute Ireland certified standard for best practice in transparency and accountability

How We Measure Up

At ABI Ireland, our day-to-day work is built on transparency and two-way communication with the people we serve. We believe it is crucial to measure the quality of what we do, ensuring our standards are maintained and that the people engaged in our services are continually empowered to achieve their rehabilitation goals.

Every year, we gather feedback from survivors and family members by running an independent customer satisfaction survey, using the internationally benchmarked uSPEQ model. The uSPEQ survey provides feedback in relation to five key areas: service responsiveness, informed choice, respect, participation, and overall value.

This feedback informs the organisation of any areas of concern, so we can respond to reported issues or needs. It's also a source of motivation and positively drives our person-centred culture so we can improve and grow our services.

In 2025, here is what the people we serve said:

- **100%** Staff treated me with respect
- **99.5%** Staff paid attention to what I said
- **99.1%** I felt safe here
- **97.6%** Services enabled me to do things better
- **97.7%** I was involved in deciding my goals
- **97.2%** I got what I needed when I needed it



Tony and Brigid's Story

Tony and his wife, Brigid, were driving to an event when Tony started to feel unwell. Sensing that something wasn't right, Brigid took over the driving and headed straight to Beaumont Hospital. As she was driving the car, Tony's condition worsened. When they arrived at the hospital he was brought straight to the emergency area where he was treated for a stroke.

"The medical team in Beaumont was brilliant. It is amazing what they can do."

Tony stayed in Beaumont for five months before he started a three-month specialist rehabilitation programme in the National Rehabilitation Hospital (NRH). Although he was deemed 'independent' on discharge, that was far from how he felt as he settled in back home.

"I felt very down. I had difficulties with everyday functioning and was finding it challenging to adjust to my new reality."

It was new territory for Brigid too. She felt unprepared and unsure of how to cope. She did not know where to turn for support or what services and resources were available to help her and Tony.

A turning point their lives was when they were linked in with an Acquired Brain Injury Ireland (ABI Ireland) case manager, Kate. Brigid had an initial meeting with Kate, who explained ABI Ireland's community neuro-rehabilitation services and quickly arranged

supports. Kate put Tony in touch with an ABI Ireland psychologist and later arranged for an ABI Ireland rehabilitation assistant to support him at home.

"The weight that was taken off my shoulders that day and the relief I felt was superb. A couple of sessions with the psychologist really helped me out. I could never be thankful enough."

Kate also helped Brigid in those early months after Tony's discharge. She helped her with practical matters such as filling out forms and provided reassurance and guidance on Tony's rehabilitation and services that were available.

"I couldn't have coped without our case manager," says Brigid.

"Kate's early intervention helped us adjust to our new lives and, over time, her support helped me build confidence in seeking help, understanding Tony's needs, and managing challenges as they arose."

Crucially, the case manager linked Tony in with his local ABI Ireland Clubhouse, where he met with other brain injury survivors and participated in group and cognitive rehabilitation. The clubhouse activities and peer support enabled him to rebuild his confidence, his social life, and his overall quality of life.

Today, Tony is in a much better place, putting his progress down to hard work and determination, and the support of ABI Ireland for both him and Brigid. He strongly advocates for universal access to case management, arguing that without it, brain injury survivors and their families risk isolation, deterioration, and lack of direction.

"People need guidance and help. It cheers you up. It gives you motivation. Start living."

2025: The year in review

In 2025, we continued to work creatively to respond to the identified and often complex needs of a significant acquired brain injury population. The organisation continued to provide and maintain a range of essential national clinically-led, outcome focused, and person-centred core services during the year.



Neuro-rehabilitation service delivery and development

Key achievements included:

- A new assisted living home, supported by funding to transition people out of inappropriate placements in nursing homes, was opened in Tipperary, advancing ABI Ireland's commitment to expanding access to community-based neuro-rehabilitation.
- All assisted living services remained fully HIQA registered, with all mandatory three-year re-registrations successfully completed.
- Clinical resources were strengthened through additional HSE funding in Tipperary/North Limerick for Social Work and Occupational Therapy, and first-time funding for a part-time Occupational Therapist in Dublin/South Wicklow.
- HSE funding was secured to develop home and community services in Galway for the first time since ABI Ireland was established, marking a significant development in the rehabilitation pathway across the HSE West and North-West region.
- In Dublin/South Wicklow, funding was secured for the first time for a part-time Occupational Therapist, further enhancing service supports in that area.
- ABI Ireland progressed national case management research in partnership with Trinity College Dublin, strengthening the evidence base for advocacy and future service development.
- Several ABI Ireland teams presented posters at the National Rehabilitation Conference: 'Specialist Rehabilitation Services for Ireland'. Topics covered by ABI Ireland included case management, the Sligo Transitional Living Unit, and creATe, our digital assistive technology programme.





creATe: digital assistive technology

Highlights include:

- The creATe programme received €116,000 in funding through Rethink Ireland's Disability and Participation Awareness Fund (DPAF) 3.0. The Rethink funding allowed us to transform our service structure from a one-to-one specialised model to a multi-tiered, and more efficient, 'Hub' model.
- Thanks to funding from Analog Devices, creATe established an assistive technology loan library, which allows persons served and staff to try out technology before purchasing.
- The rollout of a digital assistive technology support initiative that reached all participants in their homes.
- Supporting carers on the use of digital assistive technology
- Our creATe Senior Occupational Therapist hosted a workshop at the Association of Occupational Therapists of Ireland Conference titled "Access in Action: Digital Assistive Technology Workshop." The workshop generated significant interest from occupational therapists around the country, who gained insight into how assistive technology can be used in their practice and the opportunities it presents to those they support.

On With Life: supports for families and carers

The On With Life programme is funded through a combination of Acquired Brain Injury Ireland's core funding and targeted grant support, including the Late Late Toy Show Appeal, Pobal and the Dormant Accounts Fund.



Key achievements included:

- The launch of a new digital resource, authored by family carers for family carers. "Piecing it Together: acquired brain injury, a family perspective" was created by family members from across Ireland who have generously shared their insights in the hope of supporting others.

- **For parents caring for children and young people under 18 with an acquired brain injury**
  - 12 online support groups
  - 10 educational sessions focused on supporting U18s
  - 1 in-person support group
  - 1 respite day for parents to support their wellbeing

- **For adults supporting adults with an acquired brain injury**
  - 36 in-person support groups
  - 48 online support groups
  - 8 educational sessions.

- **For carers on the pathway to employment**
  - 25 online training and employment sessions
  - 3 Back to Employment Readiness (6-week) programmes
  - 1 in-person training and employment event

- **For all carers**
  - 22 Holistic Wellbeing sessions online for carers promoting mindfulness, yoga and music therapy.



Thank you for always reaching out to me.
I know you're there if I need you.
And appreciate the support

Quote from carer

ABI Ireland team offer empathy and supports and go beyond their remit. Team are driven, professional. Definitely are understanding of the challenges that face carers and those being cared for.

Quote from carer



Step Ahead Plus

Step Ahead Plus continued to develop as a national vocational rehabilitation programme for brain injury survivors (16+) looking to return to work, training or education. Step Ahead Plus is funded by the WorkAbility: Inclusive Pathways to Employment Programme and co-financed by the European Social Fund and the Department of Social Protection. The programme has three tracks:

Fast Track: for those with existing employment or education to return to.

New Track: for those seeking new employment or education.

Employer Track: for employers looking to develop inclusive work placement opportunities.

Step Ahead Plus in 2025

33 PEOPLE	returned to, or were supported in, existing or new employment with our Step Ahead Plus programme
149 REFERRALS	to Step Ahead Plus
91 PEOPLE	the number of persons served who received Step Ahead Plus support
65 PEOPLE	the number of persons served who received support on the Fast Track
26 PEOPLE	the number of persons served who received support on the New Track

Key achievements included:

- Step Ahead Plus applied for, and was awarded, a three-year internationally recognised accreditation with CARF. This is a significant milestone, reflecting the effectiveness and success of the programme to date.
- Development of our 'Employer Brain Injury Awareness' course: a one-hour online course developed to increase awareness of acquired brain injury within the workplace and to educate employers and employees on how to welcome a person with a disability.
- Creation of a self-directed online vocational fatigue course to support those waiting for the service and provide an additional offering to those currently using the service.

Interdisciplinary approach

ABI Ireland services are overseen by an interdisciplinary team of clinicians with acquired brain injury expertise, including neuropsychology, occupational therapy and social work. The clinicians support and work closely with a team of local service managers, case managers, team leaders and rehabilitation assistants.

Key achievements in 2025 included:

- Commencement of a review of ABI Ireland's clinical governance framework.
- Improved peer connection, professional support, and the sharing of best practice among ABI Ireland clinicians and case managers through our 6th Annual Clinical Forum and our discipline-specific clinical forums.
- Strengthening the working relationship between ABI Ireland clinicians, case managers and service mangers with a National Clinical and Management Day.
- Building on ABI Ireland's reputation as a provider of expert clinical services and supports for people with a brain injury by sharing a variety of abstracts based on clinical practice, existing service models, and collaborations to national and international conferences.
- Resources were designed to support staff understanding and promote consistency in how the Interdisciplinary Team (IDT) model is applied.

Rehabilitation outcomes

As part of our work, data is gathered regularly, analysed and interpreted regarding referrals received, demographics of persons-served, rehabilitation programmes and service outcomes.

In 2025, across our assisted living and home community services:

529

referrals were received.

46

average age of people referred.

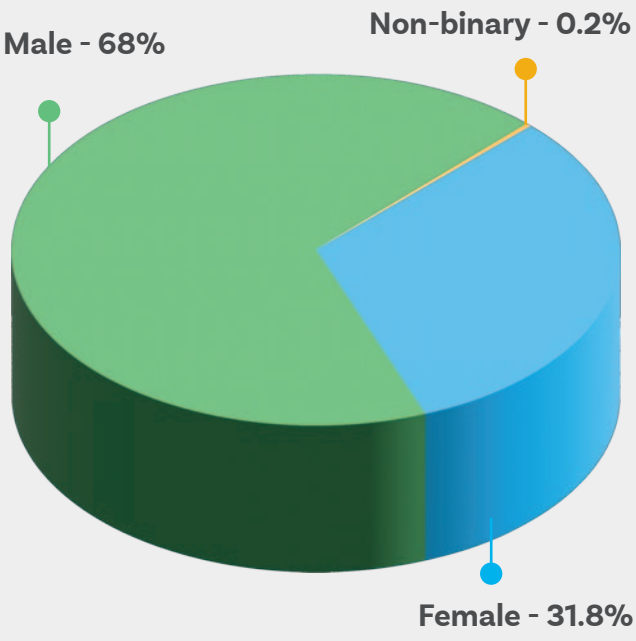
84%

of referrals were received within 18 months of the person acquiring a brain injury.

Cause of injury

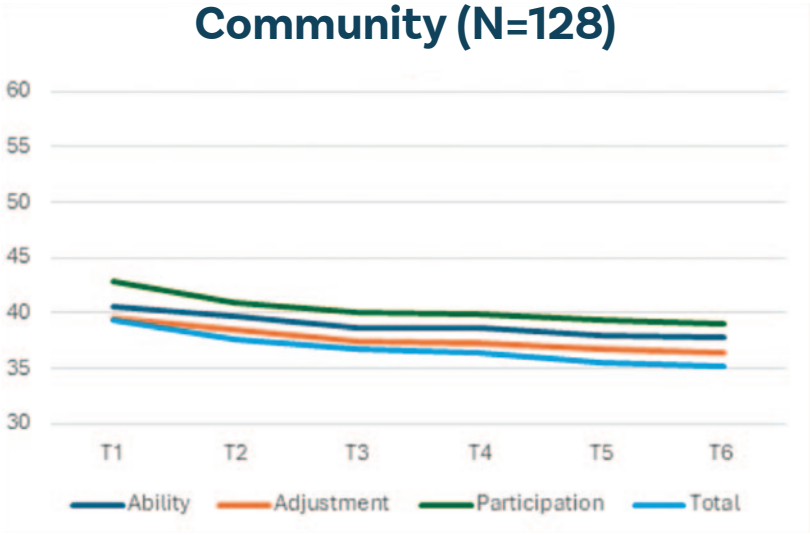
- **Stroke 50%**
- **Fall 14%**
- **Road traffic accident 12%**
- **Tumour 9%**

Referrals per gender in 2025:

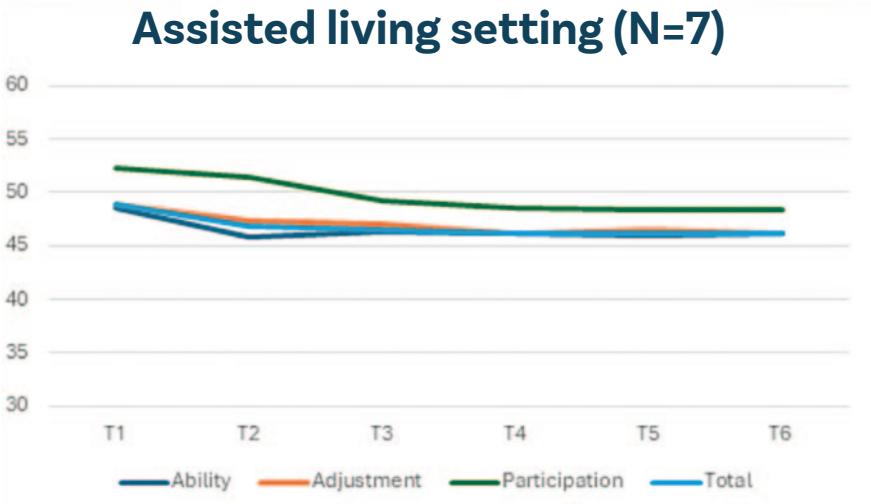


At ABI Ireland we use the MPAI-4 outcome measure to assess the effectiveness of service in our community and assisted living services. The measure provides information about a person's limitations in three areas: Abilities, Adjustment, and Participation.

2025 MPAI-4 data analysis demonstrated that the limitations of the people we serve are reducing, indicating that our service is having a positive impact.



Mean MPAI-4 Scores for first 1.5. years of service in community setting



Mean MPAI-4 Scores for first 1.5. years of service in an assisted living setting

There is also emerging evidence that individuals who access ABI Ireland rehabilitation services earlier after injury onset have a greater reduction in limitations than those who experience a longer wait time, strengthening the evidence for the importance of early intervention.

Our People
Meet Stephanie: Serving Up Support



Stephanie Guerin is a Residential Rehabilitation Assistant (RRA) with ABI Ireland

Stephanie worked as a chef for 17 years in a variety of kitchens and catering environments. When the pandemic brought significant changes to the hospitality industry, she stepped away from kitchens and became the primary carer for her father whose health had deteriorated. During this time, she completed a Healthcare Support Level 5 qualification.

How did you get involved with ABI Ireland?

One of my tutors recommended Acquired Brain Injury Ireland as a great place to complete my work experience, and from the moment I arrived, I knew it was somewhere I wanted to stay. I joined the relief panel and, as I often say, once I got my foot in the door there was no getting rid of me.

What does your role involve?

I currently support people with acquired brain injuries in a residential setting, helping them develop daily living skills, participate in their communities and work towards personal goals. While my previous career and my current role may seem worlds apart, there are some surprising similarities. Both roles involve supporting people and helping them have the best possible experience. The biggest difference is that as a chef my job was to produce the same high-quality dish over and over again, with consistency being the measure of success. In rehabilitation, every person is unique. There is no single recipe or approach that works for everyone. Support has to be tailored to each individual's goals, strengths and challenges, which makes every day different and rewarding.

What do you love most about your job?

The most rewarding moments come from seeing people grow in confidence and achieve goals they may once have thought impossible. Whether it is mastering a new skill, becoming more independent or participating more fully in their community, every achievement matters. Seeing someone realise their own potential and take pride in what they have accomplished is incredibly special. Being trusted to support people on that journey is a privilege and continues to motivate me every day.



People & Culture

In 2025, ABI Ireland continued to build a strong and values-led organisation, with the employee headcount rising to 411 by year end, up from 397 in 2024. This growth reflects the organisation's ongoing expansion and investment in people and services.

The People and Culture (P&C) team deliver comprehensive support across the entire employee lifecycle. Key services include recruitment and onboarding; induction and training; employee engagement; performance management; HR administration and data protection; and learning and development. The team also ensures compliance with legal, regulatory, and CARF accreditation standards, while partnering closely with organisational leadership to align people strategies with strategic and operational goals.

Just as a brain injury is unique, so is our team. We pride ourselves on recruiting and retaining highly skilled, dedicated team members who are committed to creating a better reality for brain injury survivors in Ireland.

Key achievements in 2025 included:

- The development of a People & Culture Strategy to support the delivery of Beyond Boundaries across all three goals (Access, Impact and Organisational Strength) with a specific focus on organisational health.
- Hosting Colleague Engagement Days in early 2025 with a focus on bringing our values to life. This was an incredible opportunity for colleagues from all over the country to connect and support one another (Watch our highlight reel here.)
- In collaboration with the Finance team, the P&C team ensured continued delivery of pay increases following the 2023 WRC pay award and subsequent HSE funding.

Our team members think ABI Ireland is a great place to work. In 2025:

99%	of our team said they would recommend the organisation to family and friends
97%	of colleagues said they work well with their co-workers
98%	of our team support the organisation's overall direction
96%	of our colleagues said they are treated with dignity and respect
94%	report overall satisfaction with their job





I feel valued, trusted and encouraged to develop my skills, which makes coming to work motivating and rewarding

Quote from ABI Ireland Employee

It truly is such a lovely organisation to work for and be a part of. You can tell the persons served are also very happy with the work of ABI Ireland.

Quote from ABI Ireland Employee

Learning and Development

Developing and sustaining a skilled workforce remained a strategic priority throughout 2025. ABI Ireland continued to invest in learning and development to ensure colleagues have the knowledge and expertise to deliver safe, evidence-informed and person-centred services.

During the year, colleagues completed 400 specialist brain injury learning activities, alongside 2,957 eLearning modules and 924 attendances at instructor-led training programmes. The majority of instructor-led training was delivered by ABI Ireland colleagues, reflecting the strength of internal expertise and our commitment to a culture of continuous learning and professional development.

This balanced approach to workforce development strengthens organisational capability and supports the delivery of high-quality services for people living with acquired brain injury.

400

specialist brain injury learning activities.

2,957

eLearning modules were completed by colleagues.

924

attendances at instructor-led training programmes.

Information Technology (IT)

2025 saw the development of ABI Ireland's Digital Transformation Strategy, which sets out a structured, organisation-wide approach to strengthening digital capability in support of strategic priorities and improved outcomes for people served.

Improving the experience of both staff and people served is a core priority, with a focus on accessible, inclusive digital services, assistive technology, and better internal communication tools.

Several improvements were completed in 2025, including, improved cybersecurity, IT upgrades and support performance.


ACQUIRED
BRAIN INJURY
IRELAND
ONE TEAM,
ONE MISSION,
ONE MESSAGE!









Campaigning for Change

ABI Ireland's five-year strategy, Beyond Boundaries, focuses on making a greater difference in the lives of people affected by brain injury. We aim to enhance our impact and drive positive change for the brain injury community by using evidence from our programmes, and by making sure that the voices of the brain injury community are heard through policy, advocacy, research and education.

The need for change

ABI Ireland commits to relentlessly advocate to support people impacted by brain injury to rebuild their lives. A brain injury can happen to anyone. Nobody thinks it will ever happen to them. Yet each year, an estimated 19,000 people in Ireland face that reality and the life-changing impact that follows.

Unfortunately, despite some service development in 2025, geographic disparities in access to community-based neuro-rehabilitation are deepening inequalities in outcomes for people with acquired brain injury.

There is insufficient investment in home and community services, assisted living services, and case management, leading to substantial waiting lists, delayed discharges from acute and rehabilitation hospitals, as well as inappropriate placement in nursing homes of people with an acquired brain injury.

Policy and advocacy

In 2025, Acquired Brain Injury Ireland strengthened its role in the disability sector by joining the National Disability Services Association (NDSA). Later that year, CEO Karen Foley was appointed Chair, highlighting the organisation's growing influence. Through this partnership, ABI Ireland is working with others to influence national disability policy and to push for better services and systems reform.

Key highlights of our advocacy efforts in 2025 included:

- The Minister for Children, Disability and Equality, Norma Foley TD, launched our Strategic Plan in our Resource Centre in Castleisland, Co. Kerry
- A meeting with the Minister of State for Disability, Hildegarde Naughton TD, at our residential service in Mountbolus, Co. Offaly
- A visit by the Minister for Health, Jennifer Carroll MacNeill TD, to our Dun Laoghaire clubhouse and residential services.
- Our 2026 Pre-Budget Submission called for investment in case management services to ensure national coverage.
- Engaging collaboratively with the Disability Federation of Ireland, the Neurological Alliance of Ireland (NAI), and The Wheel to advocate on a sectoral basis.
- Making written submissions to the Independent Commission on Care for Older People and the Department of Social Protection on Pathways to Work.
- The commencement of a creative arts and advocacy project (Making the invisible visible: creative arts for brain injury advocacy) at our Wexford Clubhouse. This year-long project, funded by an international grant, involves people with ABI sharing their lived experience, having their voice heard and crafting advocacy messages.



Supporting brain injury research

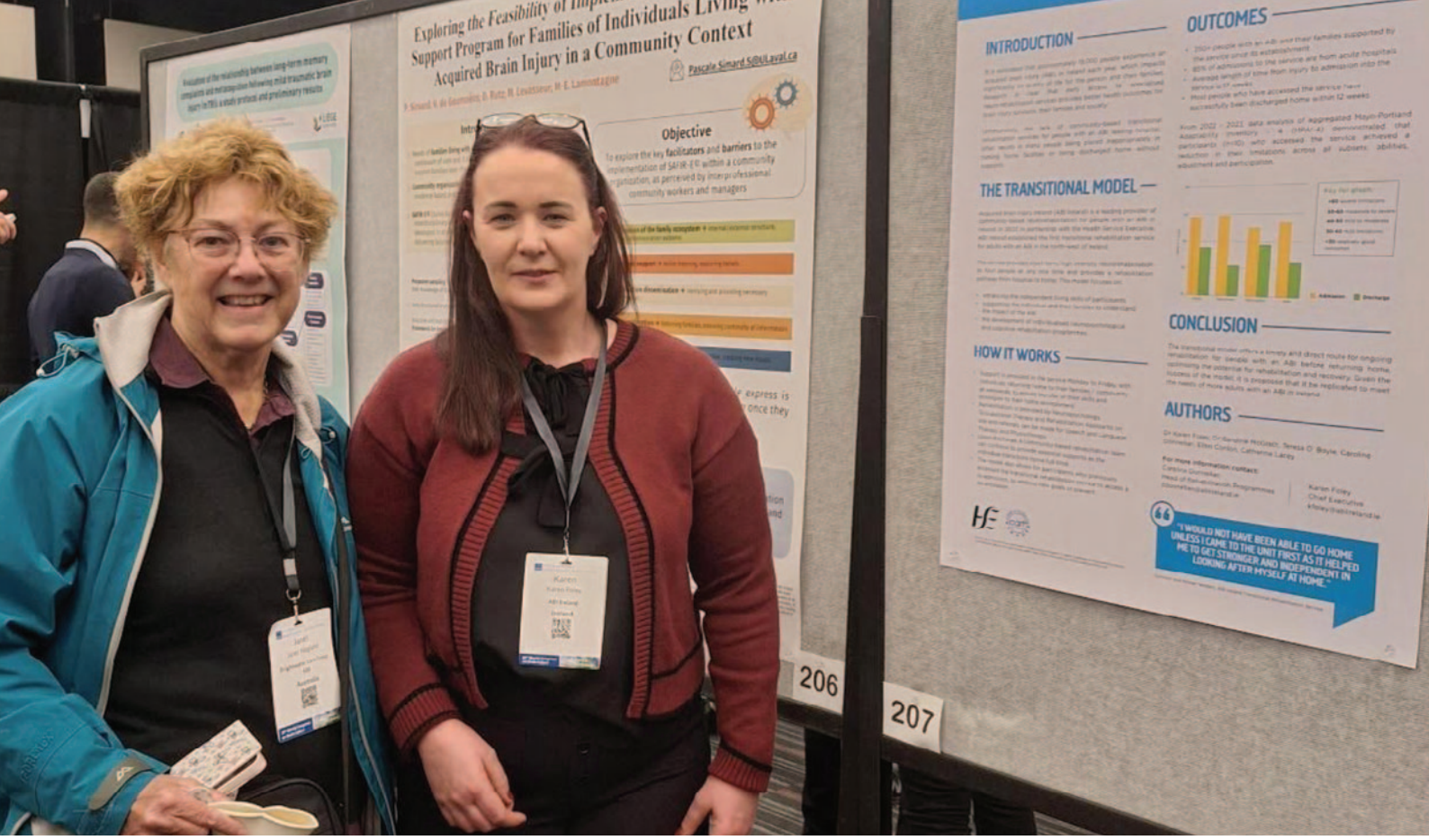
In 2025, we set new research priorities to shape and guide our work over the next five years.



Research collaborations were developed with a range of research projects in the University of Toronto, the University of Queensland, Trinity College Dublin and University of Limerick.

A major undertaking was the commissioning of a piece of research on the value of our ABI case management service. Researchers from the Centre for Health Policy and Management, Trinity College completed the project, and the report was published in September 2025. There is a Phase 2 piece to be completed in 2026 focusing on economic analysis of the ABI case management service.

Another strategically focused piece of research commenced in 2025 in partnership with the University of Limerick on the rehabilitation needs of people over 65 years. A PhD student has been recruited to complete the research.



Raising awareness

The current inequity in access to community neuro-rehabilitation highlights a need for greater awareness around brain injury, rehabilitation, and the work of ABI Ireland. As part of our strategic plan, ABI Ireland played a leading role in 2025 in raising awareness of acquired brain injury and strengthening its public profile.



The launch of Beyond Boundaries secured extensive national and local media coverage. Impactful messaging around our 2026 pre-Budget submission helped raise awareness of brain injury and ABI Ireland among policymakers, while highlighting the urgent need for sustained investment in neurorehabilitation services across the country.

In March, our CEO, Dr Karen Foley, presented at the 15th World Congress on Brain Injury in Montreal, Canada, sharing our work as part of a symposium. She presented alongside international collaborators from France and Australia, showcasing how person-centred leadership can support the achievement of world-class rehabilitation.

Our Communications team supported fundraising events nationwide, contributed to the dissemination of ABI Ireland research, and highlighted ABI Ireland's achievement of being awarded the highest level of accreditation for our rehabilitation services.

Media coverage achieved during 2025 – including features in the Irish Times, Irish Examiner, Ireland Live, RTE Radio 1, Newstalk and Today FM - helped us to further reach our strategic goal of increasing public awareness of brain injury and the life-changing work we do.

We also used our social media platforms and website to raise awareness and educate the general public on the prevalence, causes and impact of acquired brain injury. 2025 was a very successful year for engaging with and attracting new audience members. There was a 60% increase in engagement across our social media platforms and a 48% increase in website users, compared to 2024.

A number of creative arts projects also played a key role in raising awareness and public education initiatives in 2025. As part of Creative Brain week in Trinity College Dublin, we worked collaboratively with members of Brain Injury Matters NI on an art installation in the science gallery. The Reframing installation depicts life with a brain injury and how brain injury survivors must reframe and reimagine their lives post injury. People with brain injury and our staff presented at two Creative Brainwaves sessions at the dlr LexIcon library where members of the public engaged on the themes of brain injury, brain health and creativity.



Fundraising

ABI Ireland's work is enhanced through donations and fundraising by individuals, corporate partners, and community groups. The organisation is also supported by trusts, foundations and other grant-making organisations, private and public. These philanthropic investments allow ABI Ireland to progress projects that otherwise would not be possible. It provides funding for our three core national programs; creATe, On With Life, and Step Ahead Plus. It allows for innovation, piloting new projects or strategies, and enhancing our services and the lives of survivors.

Community Fundraising

2025 saw a renewed level of engagement with our national events, particularly Bake for Brain Injury in March.

Bake events organised by our services across the country, together with support from local schools, businesses and individual fundraisers, raised more than €25,000. We are especially grateful to the Dooner family, who raised almost €10,000.

We launched a new national event, Stroke for Stroke, a swimming challenge for individuals, groups and clubs. The event aims to raise vital funds for ABI Ireland while also increasing awareness of the incidence and lasting impact of stroke in Ireland.

We extend sincere thanks to the many supporters who continued to fundraise for Acquired Brain Injury Ireland throughout the year. Notable events included:



Today FM DJ, Declan Pierce's Block Rockin Beats concert and jersey fundraiser which received considerable coverage on Today FM and Instagram.



A Gratitude Gala hosted by Jennifer Scott, a former Sligo TLU resident, which raised almost €17,000.



Conor Peat's fundraiser for the Clontarf Half Marathon that raised €10,000 in memory of his brother Oisin, as noted in his story on page 14.



Portroe GAA Club'S 'Quid Game' fundraiser, in which Kieran McKeogh chose to support ABI Ireland. Kieran won €10,000, with €7,000 going to our organisation.



Corporate Giving

The organisation continued to strengthen and grow its corporate partnerships in 2025, a crucial component for unlocking philanthropic support for our strategic objectives. Companies of all sizes across the country partnered with ABI Ireland and showed their support for survivors.

Notable strategic funding Partnerships included:

- SMBC Aviation Capital donated €12,000 which funded the piloting of our Healthy Brain Program and toolkit that was offered to persons served in Dublin, Wexford and the Midlands.

- Analog Devices invested in creATe, including funding the assistive technology loan library which allows service users and staff to try out technology that the creATe team has suggested before purchasing.

- EPS Water raised €12,000 for our Cork Services.

Our 2025 corporate supporters included the following organisations, among others: An Garda Síochána, AXA Insurance, Chartered Accountants Ireland Mid-West Society, Diamond Coast Hotel, EI Electronics, Gilead Science, Grant Thornton, Homestore+More, Kileen Group, KPMG, Law Debenture Ireland, Mercury Engineering, PwC, Salesforce and Stryker.



Grants & Foundations

Public and private grants made up over 60% of our total fundraising in 2025 providing substantial financial support for our national free programs and new projects for which we do not receive statutory funding. In 2025, grants were received from: The Smurfit Westrock Foundation, Pobal, Monkstown Hospital Foundation, Mercy Sisters Foundation, Meta Foundation, Community Foundation for Ireland, including through the Late Late Toy Show Appeal, the Hospital Saturday Foundation and several Local Authorities.

Individual Giving

The largest sources of individual giving income were retained donors and regular givers. Continued challenges with expensive direct mail costs and a low return in investment on acquisition strategies have provided an opportunity for a revised Individual Giving Strategy and increased investment in digital channels going forward.

We want to provide a special mention to the late Eoghan O'Doherty, and his parents Olivia and James, who made a life-changing legacy gift on their son's behalf. Eoghan, who acquired a brain injury in October 2003, chose to will his fully accessible home in Mullingar to ABI Ireland after his passing; a remarkable act of generosity that will transform the lives of many others affected by acquired brain injury into the future.

Housing & Development

ABI Ireland has a strategic objective of expanding high-quality, accessible housing options that enable people with acquired brain injury to live with dignity, choice and connection in their communities.

The organisation's Housing and Development team oversees its housing portfolio, including property acquisitions and the optimisation of existing housing assets. Access to such properties supports the delivery of specialist housing options for people with acquired brain injury, including both supported and independent living arrangements.

Housing development activity continues to be driven by identified service need. The findings of the Ombudsman's Wasted Lives report reinforce the need for additional housing capacity, particularly in areas where there is evidence of unmet demand for transitional and assisted living supports.

During the year, strategic focus was maintained on growth with engagement ongoing with the HSE, local authorities and relevant government departments regarding the viability and development of future services.

Anvers Housing

ABI Ireland continues to work in close partnership with Anvers Housing, an Approved Housing Body, established to provide supported housing and independent living options for people with acquired brain injury.

Delivery of this model requires a coordinated, cross-government approach involving the Department of Housing, Local Government and Heritage, the Department of Health, and the Department of Children, Disability and Equality.

ABI Ireland and Anvers Housing remain committed to expanding accommodation options in line with four core principles: The Right Place, The Right Space, The Right Support and The Right to Belong.

Key developments and achievements in 2025 included:

- The commissioning of a Property Management Review by ABI Ireland and Anvers to strengthen property governance, improve asset oversight and management, and strengthen future housing delivery arrangements.

- A new ABI Ireland assisted living home in Ballina, Co. Tipperary opened its doors in September. Waterman's Lodge is currently home to three residents, some of whom transitioned out of inappropriate placements in nursing homes.

- Anvers Housing presented at the International Social Housing Festival in June under the symposium titled, 'Building Blocks for Inclusive Communities: Housing, Health and Rights'. Brain injury survivor and Anvers Board Director, Brian Hogan, also participated and shared his lived experience and the value of housing with support.

- Completed two applications under the government's capital funding scheme, the Capital Assistance Scheme (CAS), for the acquisition of two properties in Dublin and Cork, with another two CAS applications in progress for the refurbishment of two additional properties in Offaly and Kerry.

- Adelaide Road, Dún Laoghaire, Co. Dublin: Funding was secured from the HSE and the Smurfit Group to complete accessible garden and groundworks improvements, together with energy efficiency upgrades including new windows and doors.

- Mullingar, Co. Westmeath: ABI Ireland acquired a two-bedroom accessible dwelling to support independent living for a wheelchair user. The property was transferred to the organisation under the terms of the will of Eoghan O'Doherty, reflecting a significant legacy contribution to the organisation's housing mission.

- Masseytown, Co. Cork: Anvers secured a four-bedroom unit within a social housing development being progressed by Tuath Housing. The project has experienced significant delays due to site and land ownership issues; however, these matters are now being resolved, with works expected to commence in 2026.



Summary financial position 2025



Total income for the year ended December 2025 at €24.5 million represented an increase of €2.04m (9.4%) over 2024.

Expenditure for 2025 increased by 11% to €24.2 million. The net income for the year was €279k, (2024: net expenditure of €642k)

The majority (97.3%) of Acquired Brain Injury Ireland's income can be attributed to the HSE and other statutory agencies. This is relatively consistent with 2024 (97.3%).

Direct service grants and other income increased by 7.6% year on year.

Income of €346k was received in respect of a programme to support the employment of people with disabilities funded by the Department of Rural and Community Development-Pobal in 2025 (this was an Increase of €7k from 2024).

Fundraising and events income amounted to €400k, an increase of €6k (1.5%) from 2024.



Finances and Accounts 2025

Income and Expenditure Account
for the year ended 31 December 2025

	2025	2024
	€	€
Income	24,530,266	22,485,870
Expenditure	(24,251,713)	(21,843,843)
Net income/(expenditure)	278,533	642,027

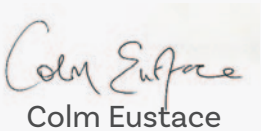
Balance Sheet
at 31 December 2025

	2025	2024
	€	€
Tangible Assets	3,525,265	3,058,982
Current Assets		
Debtors: amounts falling due within one year	1,570,473	1,219,748
Cash at bank and in hand	1,766,660.	1,227,538
Current Liabilities		
Creditors: amounts falling due within one year	(3,051,385)	(1,870,685)
Net current (liabilities)/assets	285,748	576,601
Total assets less current liabilities	3,811,013.	3,635,583
Creditors: amounts falling due after more than one year	(775,116)	(878,239)
Net Assets	3,035,897	2,757,344
Total Reserves including Capital Reserves	3,035,897	2,757,344

The accounts were approved and authorised for issue by the Board on September 19th 2024.



Jim Mahon



Colm Eustace

COMPANY INFORMATION

PETER BRADLEY FOUNDATION CLG
T/A ACQUIRED BRAIN INJURY IRELAND
(A Company Limited by Guarantee)

Directors	Jim Mahon (Chairperson) (appointed 10 April 2025) Colm Eustace Ann Coyle Tina Leonard Andy Heffernan Robert McCarthy (resigned 10 April 2025) Hugh O'Connor (resigned 10 April 2025) Lorraine McCarthy Majella Cassidy (appointed 13 February 2025) Edel Creely (appointed 12 June 2025)
Chief Executive	Dr Karen Foley
Company Secretary	Gillian Littlefield
Revenue Number	14289
Charities Regulator Number	20046200
Registered Number	334659
Trading Name	Acquired Brain Injury Ireland
Registered Office Century House 100 George's Street Upper Dun Laoghaire Co. Dublin A96 R2V3	**Independent Auditors** Crowe Ireland Chartered Accountants & Statutory Audit Firm 40 Mespil Road Dublin 4 D04 C2N4
Bankers Allied Irish Bank plc Cornelscourt Dublin 18	**Solicitors** TP Robinson Solicitors 24 Fitzwilliam Street Upper Dublin 2


is Bag is
Durable

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